Beach Day Checklist

Enjoy the summer sunshine and head to the beach! Save this checklist for everything you need for a fun day at the beach.



CLOTHING

- [ ] Bathing suit (extra bathing suit)
- [ ] Coverup
- [ ] Sun hat
- [ ] Sunglasses
- [ ] Extra clothes
- [ ] Bra/underwear
- [ ] Flip-flops
- [ ] Sandals
- [ ] Sweatshirt
- [ ] Beach bag/tote

BEACH ITEMS

- [ ] Beach chairs
- [ ] Beach umbrella
- [ ] Beach towels
- [ ] Beach games/cards/sand toys

- [ ] Water toys/floats

BEACH ESSENTIALS

- [ ] Sunscreen/aloe lotion
- [ ] Tissues/baby wipes
- [ ] Deodorant
- [ ] SPF lip balm
- [ ] Sanitizer
- [ ] Mini first aide kit
- [ ] Book/magazines
- [ ] Wireless speaker
- [ ] Waterproof phone case (with charger)
- [ ] Headphones
- [ ] Hair ties
- [ ] Extra cash/debit card
- [ ] Snacks/PIcnic lunch
- [ ] Water/drinks

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