The 28 Day Minimalism Challenge

Happy February! It's the shortest month of the year but that doesn't mean that you can't get a lot done. This is a great 28 day minimalist challenge for anyone who is wanting a less cluttered home.



1. PURGE YOUR CLOSET - Donate or throw out anything you have worn, is older, or doesn't fit anymore (clothes, shoes, bags, etc.)
2. CLEAN OUT YOUR PURSE
3. SORT OUT AND THROW OUT OLD SOCKS AND UNDERWEAR
4. CLEAN OUT AND ORGANIZED YOUR JUNK DRAWERS
5. CLEAN OUT AND DONATE OR THROW OUT OLD KITCHEN GADGET
6. CLEAN OUT AND ORGANIZE ALL KITCHEN CABINETS (throw out things left over from parties, old Tupperware, broken cups and dishes, etc.)
7. DON'T BUY ANY NEW PURCHASES FOR ONE MONTH
8. CLEAN OUT YOUR EMAIL AND UNSUBSCRIBE FROM EMAILS YOU DON'T WANT
9. CLEAN OUT YOUR MAKEUP DRAWER
10. DECLUTTER AROUND YOUR HOME AND THROW OUT RANDOM KNICK KNACKS AROUND YOUR HOME
11. DECLUTTER YOUR PHONE APPS
12. DONATE OLD BOOKS
13. CLEAN OUT YOUR FRIDGE AND YOUR PANTRY
14. THROW OUT OLD CONDIMENTS, SPICES, TAKEAWAY PACKETS, ETC
15. CLEAN OUT YOUR MEDICINE CABINET - throw out expired medications
16. ORGANIZE AND DELETE OLD PHOTOS ON YOUR PHONE
17. ORGANIZE AND SHREAD OLD DOCUMENTS

- [ ] 18 THROW OUT OLD TOILETRIES AND PERFUMES
- [ ] 19 CLEAN OUT ALL DRAWERS AROUND YOUR HOUSE
- [ ] 20 ORGANIZE YOUR FRONT CLOSET
- [ ] 21 DONATE OR THROW OUT OLD COATS, GLOVES, AND SCARVES
- [ ] 22 SORT THROUGH YOUR JEWELRY, DONATE OR SELL WHAT YOUR DON'T WEAR
- [ ] 23 ORGANIZE AND THROW OUT WHAT YOU NO LONGER NEED IN YOUR STORAGE
- [ ] 24 THROW OUT ANYTHING AROUND YOUR HOME THAT IS BROKEN
- [ ] 25 THROW OUT OLD TOWELS AND LINENS
- [ ] 26 DONATE OLD CD'S AND MOVIES
- [ ] 27 THROW OUT OLD PAPERS, CARDS, AND RECEIPTS AROUND THE HOUSE
- [ ] 28 CLEAN OUT AND DETAIL YOUR CAR

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