Top Phone Apps For Working Out

Get fit in 2020 with these top fitness apps!



- [ ] C25K - Great for people who want to learn how to get in shape by running!
- [ ] FitOn - FREE! Absolutely free with zero additional purchases. Workout with yoga, dance, and much more!
- [ ] Fitbod - Collects your fitness data and helps you build core strength.
- [ ] Strava - The social media equivalent of a running app. Connect with friends and coaches!
- [ ] MapMyRun - Powered by Under Armour, tracks your runs and helps you find new routes in your area.
- [ ] Charity Miles - Earn money for a charity of your choice just by running!
- [ ] Sworkit - A personal trainer in your pocket! Connect with certified trainers and begin your strength training journey.
- [ ] JEFIT - A strength app that closely monitors your progress. This app is perfect for beginners to advanced strength trainers!
- [ ] PEAR - Free 2 week trial, $5.99/month after. For running, basic workouts, strength training, it's like having a personal trainer in your pocket!
- [ ] Daily Yoga - Bring zen to your life for only $9.99/month and get a great workout! Rated #1 for yoga apps.

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