Packing List for Cuba (in a 30L backpack)

Cuba has a warm climate all year round so you can pack your summer clothes for any trip! Your days will probably be spent lounging by the beach or exploring the beautiful streets learning about the rich history of Cuba. This packing list covers everything you might need for a 14 day holiday. {Hot tip: Copy/save this list and customize by adding new items and replacing others!}



Clothing

- [ ] 3 dresses
- [ ] 4 tops/t-shirts
- [ ] 2 pairs of shorts
- [ ] 1 maxi skirt or pair of pants
- [ ] 1 pair of spandex shorts https://herpackinglist.com/how-to-prevent-thigh-rub/
- [ ] 1 sleeping clothes set
- [ ] 1 flannel/light cardigan
- [ ] 2/3 bras including a sports bra if you are going to be active
- [ ] 6/7 pairs of underwear
- [ ] 1 big scarf
- [ ] 1 hat

Bags

- [ ] 1 small carry-on sized suitcase/30L backpack
- [ ] 1 foldable tote/backpack

- [ ] 1 cross body bag https://herpackinglist.com/multipurpose-stuffable-and-foldable-items/

Shoes

- [ ] 1 pair of walking sandals/shoes
- [ ] 1 pair of flip flops
- [ ] 1 pair of cute sandals/flats

Toiletries

- [ ] Toothpaste & Toothbrush
- [ ] Deodorant
- [ ] Hand sanitizer
- [ ] Travel sized perfume https://herpackinglist.com/solid-travel-perfume-reviewing-best-brands/
- [ ] Sunscreen - it's really expensive in Cuba so bring enough for your trip!
- [ ] Bug spray
- [ ] Lip balm
- [ ] Diva Cup/Tampons
- [ ] Panty Liners

Entertainment

- [ ] Smartphone & Charger
- [ ] Headphones
- [ ] External Battery & Charger
- [ ] Cards/board game

Others

- [ ] Gifts for the locals - like toiletries, school supplies, or anything that you use daily.
- [ ] Spare cash for internet and tips
- [ ] Plastic sandwich bags
- [ ] Toilet paper
- [ ] First Aid Kit - Band-Aids, polysporin, anti-itch cream, Tylenol/Advil, and motion sickness medication.
- [ ] Hair accessories
- [ ] A couple pieces of cheap jewelry

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- [ ] Basic makeup - BB cream or waterproof mascara.

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