Seeing Your Greatness in 15 Quotes

Dr. Mark Skovron



- [ ] #1. “Remember, you have been criticizing yourself for years and it hasn’t worked. Try approving of yourself and see what happens.” Louise Hay
- [ ] #2. “You’re already stuck with yourself for a lifetime. Why not improve this relationship?” Vironika Tugaleva
- [ ] #3. What self-acceptance does is open-up more possibilities of succeeding because you aren’t fighting yourself along the way. Shannon Ables
- [ ] #4. When you stop living your life based on what others think of you real life begins. At that moment, you will finally see the door of self-acceptance opened. Shannon L. Alder
- [ ] #5. “It’s not your job to like me… It’s mine!” Byron Katie
- [ ] #6. “There is no one more powerful than someone who fully knows who they are, has total clarity about what they want to cause, imprints in their consciousness that they deserve the outcome, and commits to immediate action toward it.” Dr. Mark Skovron
- [ ] #7. "Creativity requires the courage to let go of certainties." Erich Fromm
- [ ] #8. "It is not because things are difficult that we do not dare; it is because we do not dare that they are difficult." Seneca
- [ ] #9. "The greatest danger for most of us is not that our aim is too high and we miss it, but that it is too low and we reach it" Michelangelo
- [ ] #10. "The desire of perfection is the worst disease that ever affected the human mind." Louis de Fontanes
- [ ] #11. "The wo/man who makes no mistakes does not usually make anything" Edward J. Phelps
- [ ] #12. “People are too obsessed with being normal and not standing out. I want to stand out wherever I go. I want to be known for my non-negotiable integrity, my fierce ambition for kindness, my naturally occurring empathy for others, and by never being silent when others are peddling inequity.” Dr. Mark Skovron
- [ ] #13. "The pessimist sees difficulty in every opportunity. The optimist sees the opportunity in every difficulty." Winston Churchill

- [ ] #14. "Catching a glimpse of your own greatness can be one of the most unsettling experiences imaginable" Steve Pavlina
- [ ] #15. “When you finally see the greatness of your power and get that you are fully deserving of your greater good, it can almost scare the hell out of you.” Dr. Mark Skovron

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