17 Money Saving Tips

New year, new spending habits! Below is a list to help you keep more in your bank account, and stress less about finances.



- [ ] Open a savings account, and add some of your earnings into it every month
- [ ] Revise your cell phone bill, and opt for a better contract -- maybe even switching providers
- [ ] Monitor your own spending with helpful apps like Mint and YNAB
- [ ] Drive less! Choose public transportation or biking as opposed to driving, saving you money on gas a tolls.
- [ ] Do your own home repairs and maintenance. Not everything needs to be professionally handled!
- [ ] Monitor your use of the AC/heater and turn them off when bearable
- [ ] Always turn off lights in the rooms of your home that are not in use, or all lights in the house when you leave
- [ ] Detach your TV - and yourSEL - from cable
- [ ] Explore inexpensive hobbies like simple crafts, running, home gardening, and reading
- [ ] Eat at home more
- [ ] Be sure to save unused ingredients from one meal, and find ways to incorporate them in the next meal
- [ ] Invest in a slow cooker - delicious, easy, and quick meals!
- [ ] Don't be afraid to buy "off brands" or generic brands in the grocery store
- [ ] Drink more tap water, and less of other beverages
- [ ] Explore the fun of thrift store shopping
- [ ] Fix and sew your own clothing
- [ ] Plan yard sales to rid of - and make money on! - items you no longer use

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